

**ISB GIRLS' VARSITY CROSS COUNTRY  
2009-2010**

**Coaches:** Mary Bellone & Chris Clover



**Team Roster:**

For more updates please see <http://inside.isb.ac.th/crosscountry/>

Name	Gr.	Home Country	Name	Gr.	Home Country
Kierstyn Edwards	12	USA	Mallory Meyer	12	USA
Ariel Pinvises	12	USA/Thailand	Stacy Sim*	12	Singapore
Taylor Boelkes	11	USA	Lisa Vongchingtrong	11	Thailand
Aonnicha (GeeGee) Burapachaisri	10	Thailand	Rhian Morgan	10	USA
Amy Elliott	09	UK	Ina Zhang	10	China

\*captain

**Schedule/Results:**

Date	Event	Opponents	Results	Highlights
05 Sept	Panther Run Series #1	ISB Community Run	n/a	The Lady Panthers were lead by Mallory Meyer who finished the 3.2km run in a time of 15:19. She was followed closely by her teammates Lisa Vongchingtrong, Amy Elliott and Taylor Boelkes.
11 Sept	TCIS at ISB	TCIS	n/a	The ISB runners easily outran their TCIS rivals, dominating the 3.2km run. This race should serve as a great prep for the upcoming IASAS exchange.
26 Sept	Exchange at ISB	All IASAS schools	SAS 15 ISM 66 ISB 74 TAS 81 ISKL 96 JIS n/a	The IASAS exchange race was dominated by SAS as their runners finished 1-2-3-4-5-6-7. The ISB harriers, lead by 10th place finisher Rhian Morgan, ended up in 3rd place, a remarkable achievement to be sure. Coaches Bellone & Clover and their runners certainly look forward to the IASAS Championships to be held in Taipei Oct 15-18.
17 Oct	IASAS at TAS	All IASAS schools	SAS ISM TAS ISB ISKL JIS	The Lady Panther harriers ran their collective hearts out, just missing the bronze medal as they finished a great 4th place. Lead by the surprising Lisa Vongchingtrong, the Panther pack of five (Lisa, Amy, Rhian, Mallory and Ariel) finished within one minute of each other. With the majority of the runners returning next year, the team finishes the season with high hopes for 2010!

**Season Summary: 2009-2010**

**IASAS:** 4th Place ; **Team Captains:** Stacy Sim; **MVP:** Mallory Meyer; **Coach's Choice Award:** Lisa Vongchingtrong; **Sportsmanship Award:** Stacy Sim