

**ISB GIRLS' VARSITY CROSS COUNTRY  
2004-2005**



**Coaches:** Peter Straub & Ed Kelsey

**Team Roster:**

Name	Gr.	Home Country	Name	Gr.	Home Country
Tang Sindhuseka	12	Thailand	Victoria Chin	12	Canada
Naoko Sakaeda	11	Japan	Kelly Toole	11	USA
Paulette Stewart	11	Canada	Chikako Shimura	11	Japan
Jessy Tang	10	USA	Mizuho Fukazawa	10	Japan

**Schedule/Results:**

Date	Event	Opponents	Results	Highlights
11 Sept	ISB Exchange	ISM	ISB 15 ISM 55	ISB's girls dominated the exchange by taking the first 8 places. Jessy Tang and Chikako Shimura led the way, with Jessy's time of 12:40 winning by an impressive 17 seconds.
25 Sept	ISKL Exchange	ISKL JIS Brent	ISB 17 ISKL 30 JIS 88 Brent 93	Led by the pace-setting pack of Jessy Tang, Paulette Stewart and Chikako Shimura, the lady Panthers strong showing in this competition was very important as this race was run on the course that will be used for IASAS meet in October. The girls demonstrated that the ISB team will be ready for a mighty tussle with SAS in three weeks time.
15 Oct	IASAS	ISKL, ISM, JIS, SAS, TAS	SAS 33 ISB 41 TAS 92 ISKL 115 ISM 126 JIS 129	Led by the 1-2 finish of Jessy Tang and Paulette Stewart, the ISB girls finished a strong second in IASAS 2004. While unable to cope with the depth of SAS, the Lady Panthers put forth a valiant effort in their attempt to win a second consecutive IASAS championship.

**Season Summary: 2004-2005**

**Season Record:** 2 Wins – 1 Loss; **IASAS:** 2nd Place ; **Team Captain:** Vicki Chin & Tang Sindhuseka; **MVP:** Jessy Tang; **Coach's Choice Award:** Victoria Chin; **Sportsmanship Award:** Naoko Sakaeda