

## **BISAC U11 Sports 2010/2011**

### **Grade 4/5**

Our goals for the program are:

- ***To provide competitive sporting opportunities for our upper elementary students. (Open to students 11 and under before August 1<sup>st</sup>, must be in the 4<sup>th</sup> or 5<sup>th</sup> grade)***
- ***To prepare students properly for BISAC U11 competitions***
- ***To adequately prepare students for making teams in the middle school***

ISB will be participating this year in the following sports:

#### Programs

Cross Country (CC) Coed –Ute Schwan, Angela Kohl

Basketball (BBL) –Jim Armitage/Janelle Mitchell, Alyson Smith

Soccer (Soc) Mike Jessee, Lien Indigne, David Westrick

Track and Field (T&F) Tony Barnes, Janelle Mitchell

T-Ball (TB) Boom Fitzgerald, Tahireh Thampi

#### Times

- Teams will practice twice a week for one hour each.
- (determined by facility space)
- 2:15-3:15 PM
- 5 week program, culminating with a BISAC event

#### Fall Sports

Cross Country begins week of Monday August 30<sup>th</sup>-BISAC Race-Saturday October 2<sup>nd</sup>

Basketball begins week of Monday September 27<sup>th</sup>-BISAC Tournament-Saturday November 5<sup>th</sup>

#### Winter Sports

Soccer begins week of Monday December 13<sup>th</sup>-BISAC tournament Saturday February 5<sup>th</sup>

#### Spring Sports

T-Ball begins week of Monday March 28<sup>th</sup>-BISAC Tourney Saturday May 7<sup>th</sup>

Track and Field begins week of Monday April 18<sup>th</sup>-BISAC Meet Saturday May 21<sup>st</sup>

Contact Dave Ducharme for more details!!!!

daved@isb.ac.th